

IN THE CLAIMS:

Please amend the claims as follows:

Claim 1 (Original): An adiponectin enhancer comprising as an active ingredient sesamin and/or episesamin, or an analogue thereof.

Claim 2 (Original): A composition containing an adiponectin enhancer comprising as an active ingredient sesamin and/or episesamin, or an analogue thereof.

Claim 3 (Original): A composition with an inducing effect on small adipocytes, comprising as an active ingredient sesamin and/or episesamin, or an analogue thereof.

Claim 4 (Original): A composition with an effect of suppressing accumulation of TNF α -producing enlarged adipocytes, comprising as an active ingredient sesamin and/or episesamin, or an analogue thereof.

Claim 5 (Original): A method according to claim 2 for augmenting adiponectin by intake of sesamin and/or episesamin, or an analogue thereof.

Claim 6 (Original): A method according to claim 3 for promoting inducement of small adipocytes by intake of sesamin and/or episesamin, or an analogue thereof.

Claim 7 (Original): A method according to claim 4 for suppressing accumulation of TNF α -producing enlarged adipocytes by intake of sesamin and/or episesamin, or an analogue thereof.

Claim 8 (Currently amended): A composition according to claim 1 ~~any one of claims 1 to 4~~, which is a food or drink.

Claim 9 (Currently amended): A composition according to claim 1 ~~any one of claims 1 to 4~~, which is a pharmaceutical.

Claim 10 (Original): A method of augmenting adiponectin by administering sesamin and/or episesamin, or an analogue thereof.

Claim 11 (Original): A method of inducing small adipocytes by administering sesamin and/or episesamin, or an analogue thereof.

Claim 12 (Original): A method of suppressing accumulation of TNF α -producing enlarged adipocytes by administering sesamin and/or episesamin, or an analogue thereof.

Claim 13 (Original): A use of sesamin and/or episesamin, or an analogue thereof for production of a composition containing an adiponectin enhancer.

Claim 14 (Original): The use of sesamin and/or episesamin, or an analogue thereof for production of a composition with an inducing effect on small adipocytes.

Claim 15 (Original): The use of sesamin and/or episesamin, or an analogue thereof for production of a composition with an effect of suppressing accumulation of TNF α -producing enlarged adipocytes.

Claim 16 (Original): The use according to claim 2 for augmenting adiponectin by intake of sesamin and/or episesamin, or an analogue thereof.

Claim 17 (Original): The use according to claim 3 for promoting inducement of small adipocytes by intake of sesamin and/or episesamin, or an analogue thereof.

Claim 18 (Original): The use according to claim 4 for suppressing accumulation of TNF α -producing enlarged adipocytes by intake of sesamin and/or episesamin, or an analogue thereof.

Claim 19 (Currently amended): The use according to claim 1 ~~any one of claims 1 to 4~~, which is a food or drink.

Claim 20 (Currently amended): The use according to claim 1 ~~any one of claims 1 to 4~~, which is a pharmaceutical.